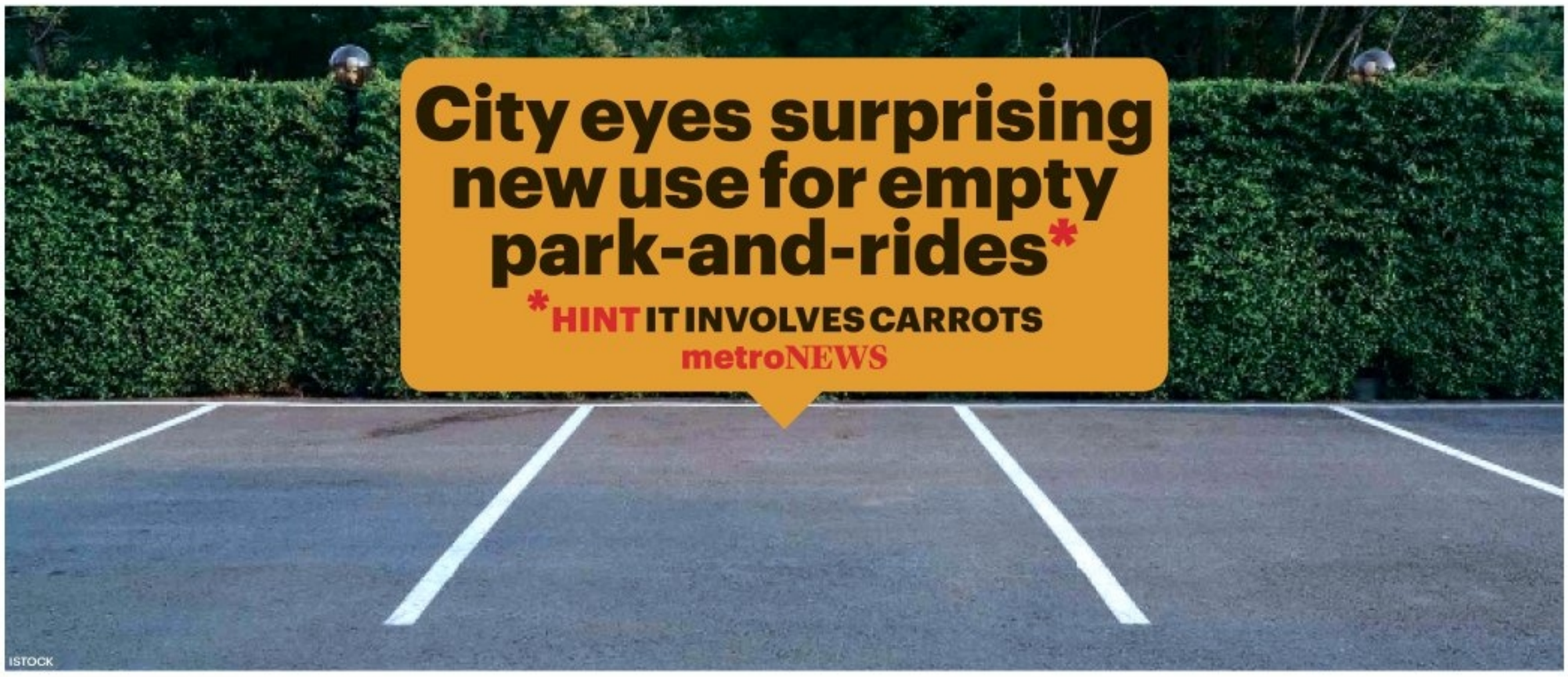
EMBRACE THE NASTY
Trump's insults only manage to empower Clinton — and women around the world metroNEWS

Ottawa metro

Everything you need to know about the flu

Your essential daily news | WEEKEND, OCTOBER 21-23, 2016 High 9°C/Low 4°C Rain



City eyes surprising new use for empty park-and-rides*

*HINT IT INVOLVES CARROTS
metroNEWS

ISTOCK

Students defend controversial pub crawl

UNIVERSITY OF OTTAWA

Trio say they had fun time on dare-filled night out

Haley Ritchie
Metro | Ottawa

The Student Federation of the University of Ottawa is launching an investigation into a dare-filled pub crawl after an exposé published by the school's student newspaper, La Rotonde.

The secretive event involves a challenge to complete dares for points — which range from piggybacks and buying nachos to a number sexual acts involving genital piercings, bodily fluids and sex between participants.

Student journalist Yasmine Mehdi, who attended the invite-only event undercover, described many of the 120 attendees as half-naked and dangerously drunk. The story includes an interview with one woman who said her team laughed at her when she refused a sexual dare.

The Science Students' Association, which organized the event, said it was "ill-conceived" and will be cancelled.

Three former participants, who spoke to Metro but did not want to be identified, said they had a much different experience at the event. All three say they personally had fun and weren't pressured into sexual dares.

One, who participated in 2007, said he believes that rape culture is a serious issue but said the risk at the Vet's Tour is no different than other pub crawls or student events.

"To me, the moral outrage with it is sort of like showing up a nude beach and being disgusted that there are naked people there," he said.

"Rape culture is absolutely a real thing that I have experienced elsewhere, but I did not experience it on Vet's Tour," said a different former student, who participated in 2008.

She added that the event probably shouldn't be associated with an official student organization and her story should not dismiss concerns or negative experiences from other attendees.

"My experience involved consenting adults out having fun that isn't always within every individual's comfort zone, and that's OK," she said. "If a person ever did feel pressured to participate in dares they weren't comfortable with, that's a different story, but it was not part of my experience with the event."

A third student, who participated this year, said he believes the event was sensationalized because of "our university's history of real sexual violence."

SATURDAY, OCTOBER 22 ONLY!

20x

THE SHOPPERS OPTIMUM POINTS®

WHEN YOU SPEND $50 OR MORE† ON ALMOST ANYTHING IN THE STORE.

FREE feels good

PLUS GET MORE POINTS & MORE SAVINGS ON THE STUFF YOU WANT

THREE EASY STEPS...

1. GET OUR APP or visit myoptimum.ca
2. LOAD YOUR DIGITAL COUPONS
3. USE YOUR OPTIMUM CARD

Download on the App Store

ANDROID APP ON Google play

PLUS 1 DAY SALE These SATURDAY ONLY Specials - October 22

COCA-COLA or **PEPSI**
BEVERAGES 6 x 710mL
Selected Types
Limit 4. After limit 3.49
Rest of Week 3.49

PHYSICIANS FORMULA
COSMETIC PRODUCTS
Selected Types
Rest of Week 30% off*

LADY SPEED STICK ANTIPERSPIRANT/ DEODORANT (65g), **SOFTSOAP** (443mL - 532mL) or **IRISH SPRING** (532mL) BODY WASH
Selected Types
Limit 4. After limit 3.99
Rest of Week 3.99

O.B. TAMPONS (18's), **STAYFREE** PADS (14's - 24's) or **CAREFREE** LINERS (36's - 60's)
Selected Types
Limit 4. After limit 3.49
Rest of Week 3.49

COLGATE
MAX WHITE MANUAL TOOTHBRUSH (1's) or OPTIC WHITE TOOTHPASTE (75mL)
Selected Types
Limit 4. After limit 2.99
Rest of Week 2.99

CASHMERE (12 Roll) or **ROYALE** (8 - 12 Roll)
BATHROOM TISSUE
Selected Types
Limit 4. After limit 5.49
Rest of Week 5.49

DOWNY FABRIC SOFTENER (1.02L - 1.23L) or **TIDE** LIQUID LAUNDRY DETERGENT (1.09L)
Selected Types
Limit 4. After limit 5.99
Rest of Week 5.99

LAY'S
POTATO CHIPS 180g
Selected Types
Limit 4. After limit 2.99
Rest of Week 2.99

PC
THE DECADENT COOKIES 280g - 300g
Selected Types
Limit 4. After limit 2.49
Rest of Week 2.49

MARS (95's) or **CADBURY** (80's - 90's)
FUN SIZE CHOCOLATES
Selected Types
Limit 4. After limit 13.99
Rest of Week 13.99

NESTLÉ
MINIS CHOCOLATES 100's
Limit 4. After limit 15.99
Rest of Week 15.99

CARNABY SWEET
MEGA MIX (1kg), TOFFEE POPCORN or MINI PRETZELS BAGS (18's)
Limit 4. After limit 7.99
Rest of Week 7.99

WONDER
WHITE or WHOLE WHEAT BREAD 675g
Selected Types
Limit 4. After limit 1.88
Rest of Week 1.88

ACER
17.3" 4GB/500GB INTEL QUADCORE WINDOWS 10 NOTEBOOK
Limit 2. After limit 479.99
Rest of Week 479.99

SHOPPERS DRUG MART

Prices and Shoppers Optimum Bonus Points® in effect Saturday, October 22, 2016 while quantities last. We reserve the right to limit quantities. *Our Regular Price. †Points are issued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, passport photos, stamps, transit tickets and passes, event tickets, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care® locations. Offer applies to photofinishing services that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See cashier for details. ® 911979 Alberta Ltd. ‡Plus Environmental Handling or Disposal Fees where applicable. ††Shoppers Optimum Points® and Shoppers Optimum Bonus Points® have no cash value but are redeemable under the Shoppers Optimum and Shoppers Optimum Plus programs for discounts on purchases at Shoppers Drug Mart. The savings value of the points set out in this offer is calculated based on the Shoppers Optimum Program® rewards schedule in effect at time of this offer and is strictly for use of this limited time promotion. The savings value obtained by redeeming Shoppers Optimum Points will vary depending on the Shoppers Optimum Program reward schedule at time of redemption and other factors, details of which may be found at shoppersdrugmart.ca. Excludes Shoppers Optimum® MasterCard® points and points associated with the RBC® Shoppers Optimum Banking Account.

metro NEWS
Your essential daily news

Looking for an iPhone charger? Apple says many 'genuine' products on Amazon are fake.

Acro spins rotating DJ roster

BACKSTAGE PASS

Common Knowledge event features local talent

Trevor Greenway
Metro | Ottawa

Sunday nights are usually reserved for family dinners, Disney movies, bath nights for the kids or Game of Thrones.

But if you're Trevor Wakeford, Sunday nights are for cutting-edge bass music.

The Ottawa selector known behind the 1s and 2s as DJ ACRO can't shut up about his new weekly tango at Common Eatery — a night of fresh hip hop, trap and bass beats that will have you convulsing into fitful leg jerks every 16 measures.

But you won't only hear massive arena bangers at this party, as ACRO is dropping his very unselfish vision to grow the scene at the local level. His new Common Knowledge nights will boast a rotating roster of local DJs spinning alongside big-name headliners. It's his way of giving back to the community that gave him a stage while he was trying to break out as an Ottawa DJ years before he was a Red Bull Thre3style DJ contender.

"What they have done over the past year since they opened is give a platform for artists such as myself and other local artists to perform alongside some big acts," says Wakeford, praising the vision at Common Eatery.

"That's something that really caught my attention. It's an opportunity, for local artists especially, to have a platform to perform along some headlining acts."

DJ ACRO has started a new night that features local artists and headliners at Common Eatery every Sunday night.
COURTESY CHRISTOPHER EADES

And these are some of the most exciting names in the underground scene right now: Atlanta's iLove Makonnen, Ottawa's own Night Lovell and even fashion and DJ icon Virgil Abloh.

But it's not just DJs that ACRO and Common will be pushing. Producers and beat makers will also be getting some airtime too, as ACRO's set list every week is heavy on local tunes — everything from regional rappers and beat makers to full-on electronic music producers and lyricists.

"A big part of what I want to do there as well, to tie into their vision for the local scene, is play a lot of local music. I am reaching out to people to send me their stuff so I can showcase it in a live venue, which not many of them get the opportunity to do," adds ACRO.

"It's very important for me to stay connected to the scene while I get older and let people know that I am still active, I am still here."

This is part of the reason for the major shift in ACRO's career. The Ottawa mainstay DJ has been spinning at the Standard Tavern, sometimes four to five nights a week for the past seven years, often until the wee hours of any given Sunday. With a baby girl on the way and a nightlife change already in motion, ACRO needed to find ways to balance his music career and being a dad. He found common ground with the Elgin Street eatery.

"I'm really excited," admits ACRO, on becoming a dad and the new career path.

"As soon as (Common) opened, it caught my attention right away. Because of the stuff they were doing and some of the names that they were bringing in, I wanted to get involved right away for sure."

Common Knowledge is entering its fourth week and so far, the response has been "overwhelming," says ACRO. He says the no-cover nights usually start out chill and a bit mellow, but usually morph into an all-out trap and R&B disco party, one unique enough to bring out the weirdos, and familiar enough to bring the crowds.

Come out and gain some Common Knowledge on Ottawa's underground dance scene every Sunday night. Knowledge is power.

5 Things to do in the city this weekend

Build some muscle, find a new winter jacket and go curb shopping. HALEY RITCHIE METRO

1 Weekend giveaways

It's "giveaway weekend" on Saturday and Sunday, meaning residents across Ottawa are encouraged to set out unwanted items on the curb instead of tossing them in the garbage. The City of Ottawa suggests books, DVDs, old furniture, kitchen gear, unwanted gifts and construction material as good things to set out. Take a tour of your neighbourhood to find some free gems.

2 Physique Canada

Body building takes centre stage this weekend at the Physique Canada championships. Muscular men and women will be competing for prizes in three different tiers. The competition will take place Saturday night at the Canadian Museum of History from 5:30 to 9:30 p.m. Tickets cost $45, with discounts for students.

3 Antique and Vintage Market

Find treasure from a different age this weekend at the Antique and Vintage Market, located in the Fieldhouse at Carleton University on Saturday and Sunday starting at 10 a.m. both days. Admission is $10.

4 Ski, snowboard and travel show

Winter is coming — whether you like it or not — so you might as well embrace it. On Saturday and Sunday experts in ski and snowboarding will be taking up 10,000 square feet of space in the EY Centre. Used gear, new gear, discounts and travel deals await. Entry is free, with the event running from 10 a.m. until 5 p.m.

5 Brewery market

Ottawa's brewery market events are inspired by farmers markets — but instead of produce, expect a lot of craft beer. This Saturday is Octobière on Albert Island, from 2 p.m. to 10 p.m. Entry is free, food trucks will be on site and the event is kid-friendly.

OC TRANSPO

Park-and-ride eyed for farmers market

Emma Jackson
Metro | Ottawa

Take one empty park-and-ride. Combine with garden vegetables, local meats and homemade jams. Serve fresh.

That's the recipe for success OC Transpo could be cooking up all over the city if a pilot project in Riverside South goes ahead next year.

Coun. Michael Qaqish wants to re-zone part of the park-and-ride on Earl Armstrong Road to allow a farmers market there on weekends.

It has never really been done before. OC Transpo's Pat Scrimgeour said past community use at park-and-rides has been largely limited to one-off occasions, not weekly events.

But if the Riverside South plan is approved – and goes well – transit commission chair Coun. Stephen Blais said the partnership could make sense for other suburban neighbourhoods, too.

"It's a great way to make use of a community hub," said Blais. "We spend a lot of money building park-and-rides, and if we can get more value and use out of them, that's even better."

OC Transpo's vast suburban lots sit largely empty on weekends, but they're usually centrally located and easy to get to, Scrimgeour said.

His team is on board with the Riverside South plan: it's simply a matter of making sure the drivers who do use the park-and-ride on weekends have a place to park, and that set-up and tear-down doesn't interfere with the weekday commute.

Scrimgeour said they would entertain other farmers market proposals, too, but he was clear OC Transpo's not actively seeking tenants to bring in some extra dough.

"We're not in that line of business," he said. "We're not rental agents."

Smart way to boost safety

SOFTWARE

App keeps an eye on loved ones' health

Adam Kveton
For Metro | Ottawa

Helicopter parenting isn't just for children anymore – it's time we keep an eye on the elderly.

That's the idea that one Ottawa software startup is running with, but it's not about following about your kids (or grandparents) as they play in the park. Elizabeth Audette-Bourdeau, 23-year-old co-founder of Welbi, is working to save lives.

The idea is for families taking care of elderly loved ones to kit them out with an activity-monitoring smartwatch, like a Fitbit or a Garmin. Then, using Welbi, the app that Audette-Bourdeau's team is building, information gathered from the smartwatch's sensors is run through algorithms, giving you a baseline of your grandma or grandpa's health.

Then the app can notify you when things change, indicating when your loved one's health might be making a turn for the worse.

It's an innovation that might have saved one of Audette-Bourdeau's family members two years ago.

Elizabeth Audette-Bourdeau's team at startup Welbi is building a fitness activity app to monitor seniors' health. ADAM KVETON/ FOR METRO

"My grandpa was starting to get sick and he needed a nurse to come visit him pretty often," she said. However, a nurse was only available one day a week.

"So on a Monday she came, checked on him, everything looked fine, and then on the Friday he got a stroke and he passed away," said Audette-Bourdeau.

"There has to be a way that a family could see this coming and actually take actions in the time before that happened," she remembers thinking, forming the idea behind Welbi.

You deserve a month off.

WIND'S FALL WINDFALL
Check out our $40 plan with 3GB of data, unlimited Canada-wide talk and global text for only $35/mo. **Plus, this weekend only, get one month free.**

windmobile.ca
true mobile freedom
WIND

Learn more at windmobile.ca. Offers valid from October 20 to 24, 2016, are subject to change without notice, and may not be combined with any other in-market offers, with some exceptions To be eligible for the $50 Service Credit offer, you must activate a new Pay After line on a plan with a monthly charge of at least $40. A $5 monthly credit will be applied to your account for up to 10 months to a maximum of $50. The credits will start to be applied on the second bill after activation. To be eligible for the One Month Free offer, you must activate a new Pay After or Pay Before line on a plan with a monthly charge of at least $40. You must remain on an eligible plan from the time of activation until the credit is applied. A one-time service credit will be applied to your account in the 6th month of service equal to the monthly recurring charge that you are charged in month 6. All services subject to WIND's Terms of Service, Fair Usage and Internet Traffic Management Policies. Applicable taxes extra. Additional terms and conditions apply. Samsung and Samsung Galaxy S7 edge are trademarks of Samsung Electronics Co., Ltd. Screen images simulated. WIND and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile

$750 Loan and more
No credit check
Open 7 days from 8 to 8 (EST)
1-855-527-4368
credit700.ca
Call us or apply online
www.credit700.ca

NOW HIRING
GREAT CONTACT CENTRE OPPORTUNITIES!

Call Centre Representatives
- Guaranteed hourly wage
- Daily and weekly performance bonuses
- Paid every Friday
- New State of the Art Call Center
- Located in Downtown Ottawa near Gatineau
- Advancement opportunities
- Full time and Part time available
- 20 Full-Time & 10 Part-Time Positions Available

iMARKETING
FLUENT ENGLISH IS A MUST!
Contact Chris Flores
Phone: 1-800-210-8579 ext 383
Email: Christian.flores@imkgp.com

The next generation of voters

ELECTION

Youth turnout goes up in spite of parties not reaching out

Ryan Tumilty
Metro | Edmonton

Youth turned out in big numbers in the last election and Ottawa's young political organizers say their interest remains high.

Samara Canada, a group that encourages civic engagement, released a report this week showing 57 per cent of youth voted in 2015, up from 41.8 per cent in 2011.

Jane Hilderman, Samara's executive director, said that's a remarkable turnaround.

"The 2015 election saw an incredible jump in youth turnout after almost a general decline over the last 30 years," she said. "Typically, you don't see dramatic increases like that."

Marissa Maslink, president of the University of Ottawa Campus Conservative club, said they noticed an increase in interest during the last election, which was a welcome sign.

"Regardless of the outcome of the election, it's fantastic to see younger Canadians voting," she said.

She said young people understand the long-term implications of today's government decisions and they are watching closely.

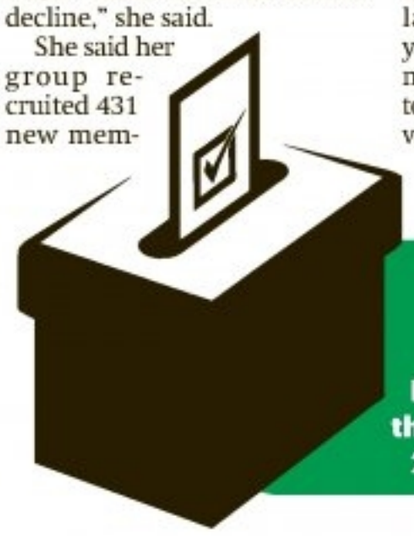
Neven Ahmad, president of the University of Ottawa Young Liberals, said her club is seeing more people come through the doors. "I think it stayed that way. I don't think there has been a decline," she said.

She said her group recruited 431 new members in the first few weeks of this school year, a feat that took them all of last year to accomplish.

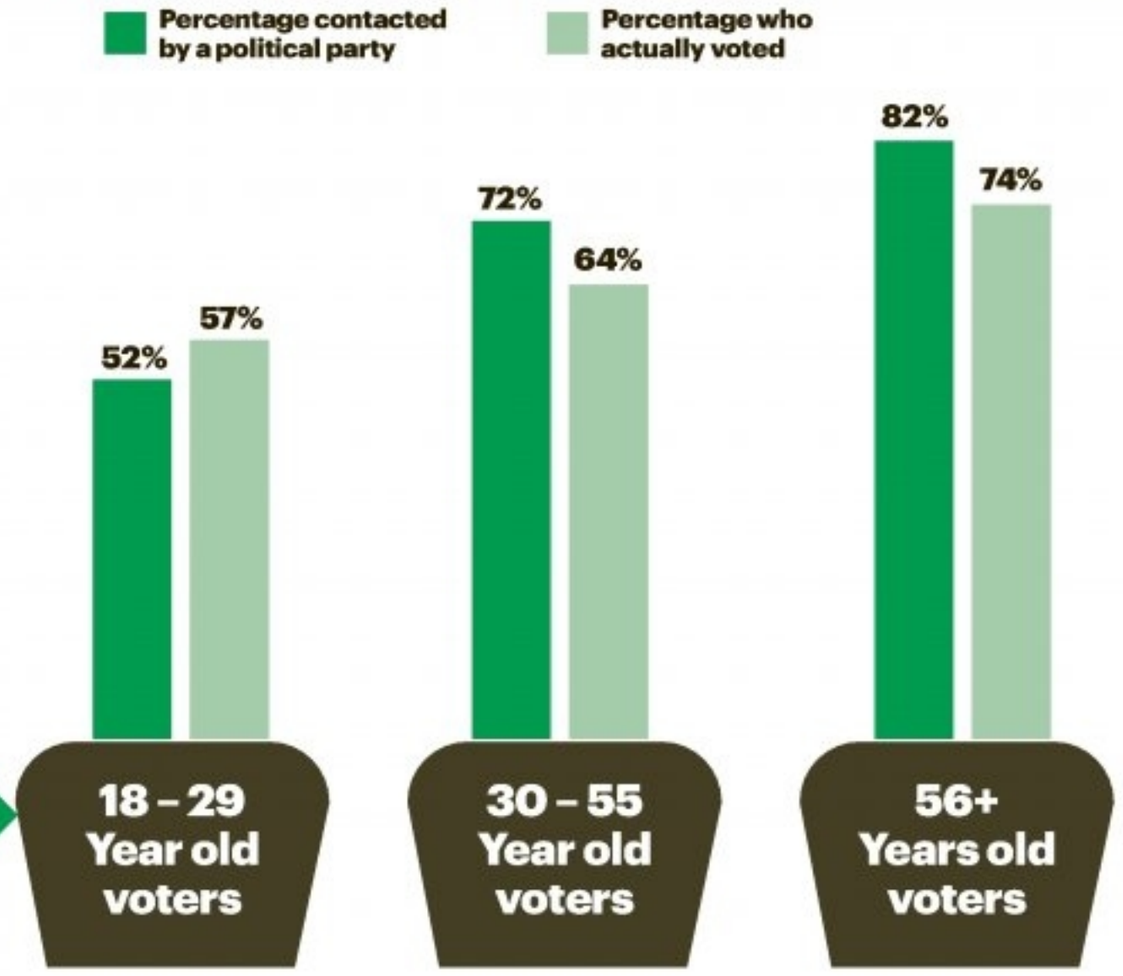
The Samara report found that youth turned out in bigger numbers, despite being the least likely to be contacted by a party.

Both Ahmad and Maslink agree political parties will have to find new ways to reach out to youth voters to keep them engaged.

"If you expect to get the youth vote by calling their landline you are not going to get that vote," said Ahmad.



BY THE NUMBERS | Younger voters didn't need party encouragement



Bike lane up to speed on safety elements

TRANSIT

New path builds on lessons learned, says councillor

Emma Jackson
Metro | Ottawa

Ottawa's newest segregated bike lane is miles ahead of its predecessor, one councillor says.

The north-south O'Connor bikeway opened from Laurier to Fifth just in time for Thursday's afternoon commute, and despite the dreary weather cyclists were already taking it for a spin.

Somerset Coun. Catherine McKenney said the track incorporates lessons learned from the Laurier bike lane project.

"It's very well marked, we've got these flex posts all the way down," McKenney said. "If you're a driver, you know there's a bike lane there all the time. It's not a surprise."

O'Connor being a one-way street, planners put the bi-directional lane down the left-hand side, where it's easier to do shoulder checks, McKenney said.

Stop lines for southbound cyclists also extend ahead of drivers for better visibility, and yield signs and green paint are deployed at intersections.

Alex DeVries with Citizens for Safe Cycling called the new track an "impressive" and "important" north-south link.

"It will make a big difference in making people feel safe and comfortable," DeVries said.

The lane isn't segregated south of the highway. Instead, it's a mix of painted and shared-use lanes down to the Glebe. This was a compromise after some businesses complained about loss of parking.

Rain couldn't dampen excitement as cyclists took the O'Connor bikeway for a spin Thursday. EMMA JACKSON / METRO

LEGISLATION

Ontario plans to crack down on scalper bots

Ontario plans to outlaw computer "scalper bots" that scoop up blocks of tickets to concerts and sporting events, forcing customers to the more expensive resale market.

Attorney General Yasir Naqvi admits there's no magic bullet to stop criminals in other jurisdictions from using sophisticated computer software to make bulk purchases of tickets, but that inaction is not the answer either.

Naqvi says he was "bugged" seeing Tragically Hip fans shut out of initial ticket sales for the iconic Canadian band's farewell tour last summer.

He plans to consult with consumer groups, entertainers and his colleagues in other jurisdictions like New York, who have also struggled to deal with ticket scalping and "bots."

Naqvi says the government's legislation will build on a private member's bill by Liberal Sophie Kiwala.

"I want to see what kind of solutions we can put in place," he said. "New York and London are bigger markets than us, and they're struggling with the same thing."

THE CANADIAN PRESS

IN BRIEF

Offshore wind projects in limbo with moratorium

Five years after issuing a moratorium on offshore wind projects, the Ontario government says it doesn't have enough information to lift the ban.

A NAFTA tribunal last week awarded $28 million in damages to Windstream Energy, whose $5.2-billion, 300-megawatt offshore wind contract was put in limbo by the 2011 moratorium.

Windstream director David Mars says he's unclear as to whether the government is still conducting research. When asked if the government is conducting research, Energy Minister Glenn Thibeault said he is not "100 per cent sure."

THE CANADIAN PRESS

Ford
THE VEHICLE YOU WANT, WITH THE COLD WEATHER FEATURES YOU NEED.
NO-EXTRA-CHARGE SE WINTER PACKAGE^
Heated Seats
Heated Mirrors
Heated Steering Wheel
WITH THE PURCHASE OR LEASE OF ANY NEW 2016 FOCUS SE ($700 MSRP value)
+
NO-EXTRA-CHARGE WINTER SAFETY PACKAGE*
Winter Tires | Rims | Sensors
WITH THE PURCHASE OR LEASE OF ANY NEW 2016/2017 FOCUS ($1,504 MSRP value)
+
PURCHASE FINANCE 0% APR** | 84 MONTHS
ON ALL NEW 2016 FOCUS
PURCHASE FINANCE THE 2016 FOCUS SE HATCH AUTO WITH SE WINTER PACKAGE
$125 EVERY 2 WEEKS | 0% APR† | 84 MONTHS | $0 DOWN
OR CASH PURCHASE FOR $22,549‡
OFFER INCLUDES $1,700 IN FREIGHT AND AIR TAX
Find a vehicle ready for cold weather at findyourford.ca or Metro Ford Dealers of Ottawa today.
IT'S EASY TO GET INTO A FORD
Our advertised prices include Freight, Air Tax, and PPSA (if financed or leased). Add dealer administration and registration fees of up to $799, fuel fill charge of up to $120 and applicable taxes, then drive away.
SiriusXM
Available in most new Ford vehicles with 6-month pre-paid subscription.

Nasty women unite

Rebecca Chiu
Metro | Toronto

When Donald Trump blurted into his mic on Wednesday night, telling Hillary Clinton she was "such a nasty woman," he probably didn't anticipate the type of social media reaction that followed.

Soon after, the hashtags #ImANastyWoman and #NastyWoman spiked. Women were either talking about being "nasty" themselves, or using the topic to take down the Republican candidate on his other sexist comments.

The Clinton campaign grabbed hold of the opportunity, tweeting out a comparison between Trump's comment to the candidate's earlier statement that "nobody respects women more than me."

It seems one Clinton supporter even purchased the domain nastywomengetshitdone.com, directing it to the Democratic presidential candidate's campaign website.

Supporters aren't only buying websites, but clothing, too. Nasty woman T-shirts are already being sold online, with 50 per cent of sales going towards Planned Parenthood, and in an even further dig at Trump, you can purchase a "Make America Nasty Again" hat on Etsy.

This T-shirt is being sold on googleghost.com. CONTRIBUTED

THE ASSOCIATED PRESS

From 'truthiness' to 'Trumpiness'

VICKY MOCHAMA

In today's world, facts seem to be anyone's game.

Between the American election, the Brexit referendum and the fissure in the Knowles-Carter household, it's hard to know what to believe anymore.

In the third and oh-God-when-will-this-end final debate, Donald Trump didn't seem to know the difference between late-term abortions and birth. "In the ninth month," he said, "you can take the baby and rip the baby out of the womb of the mother." According to him, this happens "as late as one or two or three or four days prior to birth."

Despite his five kids and a stated passion for female anatomy, Trump doesn't seem to be aware that he is describing the regular process of a C-section. Although he's proven he knows nothing about women's health, Trump feels like he can have an opinion on women's bodies.

On The Colbert Show, "truthiness" held that a fact was true if someone deeply believed it. Colbert recently updated it to "Trumpiness:" a fact is true if you hold it much deeper in your gastrointestinal system — somewhere not fit for broadcast.

Having waited for the computers to spontaneously combust at the millennium, we should have known that nothing and no one could be trusted as of day one of the year 2000. Especially not the machines.

Computers have sped the post-fact world into hyperdrive with the availability of fast, small and easy-to-use phones and computers.

On the Internet, it's easy to silence disagreement and confirm your own biases.

It's a phenomenon that happens offline as well.

A 2008 Yale study, for example, asked participants about the safety of nanotechnology. When they had scant information, their opinions were all over the map. Yet, when given more information about nanotechnology's risks and benefits, participants "became highly divided" according to their existing ideological biases.

Online, however, it has become rapidly beneficial to assert opinion as fact.

Buzzfeed and the New York Times have reported on the rapid growth of hyperpartisan Facebook pages. Pages like Eagle Rising and Occupy Democrats share memes and photos with stories that are often false or misleading. Millions of followers share the pages with friends and family. These pages might just disappear after the election. But, on the night of the third debate, Trump TV launched on Facebook to over 8 million views — and the fact-free life became just a little more permanent.

Partisanship at the expense of facts isn't just an American phenomenon. During Brexit, the Leave Campaign promised 350 million pounds a week for Britain's health system. After they won, they denied ever making the promise.

Where facts are anyone's game, we can't be far away from Donald Trump declaring war on Genovia, the fictional nation from The Princess Diaries.

Canadian doctor clarifies how abortions actually work

Genna Buck
Metro | Toronto

As she listened to Donald Trump describe Hillary Clinton's views on abortion as, "In the ninth month you can take the baby and rip the baby out of the womb of the mother just prior to the birth of the baby," at the U.S. presidential debate on Wednesday, Dr. Wendy Norman was disappointed, but not surprised.

"The inaccuracies are glaring and obvious and they are akin to many inaccuracies we've heard from this particular candidate," said Norman, a family physician and chair of Family Planning Public Health Research at the University of British Columbia.

The terms "partial-birth abortion" and "late-term abortion," which the moderator used in his question, are not medically accurate, Norman explained.

"The word 'term' refers to the time between 37 weeks and 42 weeks, when it's safe and normal for a baby to be born.

> **These are necessary procedures.**
> Dr. Wendy Norman

There are no abortions happening then … and abortions are not 'birth' processes," she said.

What pro-life advocates call "partial-birth abortion" is an intact dilation and extraction. It's used most often in second-trimester abortions (13-27 weeks of pregnancy) when there's been a diagnosis of devastating or fatal birth defects and an autopsy is needed or parents want a body to grieve over.

The procedure is perfectly legal in Canada, but banned in the U.S., with a few exceptions.

"These are necessary procedures," Norman said. "Women who are unfortunate enough to be faced with this decision at that point in their pregnancy usually have a number of calamities."

Rarely, the fetus is fine but the mother has faced "significant barriers to access care," like severe domestic violence, incest, or being so young that the pregnancy was diagnosed late because the girl had "no idea what was happening," Norman said.

Canada has gotten better at providing access to abortions in the second trimester over the past decade, she added, but there's room to improve.

In contrast to the United States, "society in Canada has always supported the best health for women and families … we base policy and the provision of care upon the best evidence."

DIGEST

The world in news

1 Iraqi special forces join battle for Mosul as U.S. soldier dies — In a significant escalation of the battle for Mosul, elite Iraqi special forces joined the fight Thursday, unleashing a pre-dawn assault on a Daesh-held town east of the besieged city, and the U.S. military announced the first American combat death since the operation began.

U.S. officials said the American service member died Thursday from wounds sustained in a roadside bomb explosion north of Mosul. More than 100 U.S. special operations forces are embedded with Iraqi units in the offensive, and hundreds more are playing a support role in staging bases.

The U.S.-trained special forces, officially known as the Counter Terrorism Service, are widely seen as Iraq's most professional and least sectarian fighters, and have served as the shock troops in previous campaigns against Daesh. They are expected to lead the charge into Mosul.

THE ASSOCIATED PRESS

2 UN says 500 killed in Aleppo in Syria offensive — UN Secretary-General Ban Ki-moon says nearly 500 people have been killed and almost 2,000 wounded since the Syrian government launched its offensive on the eastern, rebel-held part of the city of Aleppo on Sept. 23.

Ban says the city's besieged district has seen "the most sustained and intensive aerial bombardment" since the conflict began five and a half years ago.

THE ASSOCIATED PRESS

3 Aid group: Refugees facing 'appalling conditions' in Greece — The international aid group Doctors Without Borders says refugees at camps in Greece are still living in mostly "appalling conditions" with poor access to health care and a lack of provisions to identify the most vulnerable.

In the highly critical report issued Thursday, the agency commonly known by its French name, Medecins sans Frontieres, argued that the European Union and Greece had "collectively failed to establish humane and dignified reception conditions."

More than 60,000 refugees and migrants have been stranded in Greece following European border closures this year. Most still live in tents. THE ASSOCIATED PRESS

transat

8,500 Cubamania!
~~20,000~~ winter packages on sale

ONLY 8 DAYS LEFT - BOOK BY OCT 28

$50 DEPOSIT PER PERSON

Sun packages Flights, transfers & 7 nights all inclusive resort

Varadero
$449
Villa Tortuga 3★
December 17
+ $338 txs/fees

Cayo Coco
$599
Meliá Jardines del Rey 4★
January 5, 12 & 19
+ $338 txs/fees

Cayo Coco
$599
Pestana Cayo Coco Beach Resort 4★
January 5, 12 & 19
+ $338 txs/fees

Varadero
$599
Ocean Varadero El Patriarca 4 1/2★
December 3 & 10
+ $338 txs/fees

Cayo Santa Maria
$749
Valentin Perla Blanca 4 1/2★
Jan 20 & Feb 3
+ $338 txs/fees

Cayo Santa Maria
$789
Ocean Casa del Mar 4 1/2★
January 6 & 13
+ $338 txs/fees

Cayo Santa Maria
$799
Hotel Playa Cayo Santa Maria 4 1/2★
February 3
+ $338 txs/fees

Varadero
$849
Meliá Peninsula Varadero 4 1/2★
Dec 17 & Jan 7
+ $338 txs/fees

Cayo Coco
$899
Hotel Playa Coco 4★
December 22
+ $338 txs/fees

Vacation is calling

Visit transat.com or contact your travel agent for more great deals.

marlin travel www.marlintravel.ca | Vacation savings start with AIR MILES® Cash!

Cubamania is valid on new individual bookings made between October 7 to 28, 2016 for travel December 1, 2016 to April 30, 2017 on select destinations and departure/return dates. Flights are from Ottawa via Air Transat in Economy Class. Prices shown are per person, based on double occupancy in lead room category, unless otherwise stated. Limited seats available at prices indicated: 20 per departure. Prices advertised are valid from October 21 to 24, 2016 only. Taxes and fees are extra and noted above. For full descriptions and terms and conditions refer to transat.com. Transat is a division of Transat Tours Canada Inc., and is registered as a travel wholesaler in Quebec (Reg # 754241) with offices at 300 Léo-Pariseau Suite 500, Montreal, QC H2X 4C2. Marlin Travel is a division of Transat Distribution Canada Inc. ON Reg. #50015084. BC Reg. #23567. Head Office: 191 The West Mall, Suite 700, Etobicoke, ON, M9C 5K8. ®™Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Co. and Transat Distribution Canada Inc. Travel agency fees may apply.

Cyberbullying 'mutes' voices

SAFETY

Harassment has effects beyond online

David P. Ball
Metro | Vancouver

60%

Of Canadians who use social media, 60 per cent have been harassed or bullied online, according to a new poll.

A disturbing one-third of Canadians who use social media have been harassed or bullied online, according to a new poll — and for a quarter of them, the effects are being downloaded into their 'real lives.'

With just 11 per cent of the country not yet on Facebook, Twitter or other networks, an increasing number of people are finding themselves essentially silenced by the trolls, the Angus Reid Institute study found.

"It certainly mutes voices that might otherwise be heard," explained the non-profit polling organization's executive director, Shachi Kurl. "Six-in-ten people on social media say they're not going to share things, deleting a tweet, removing a picture, or deciding to not post something because they want to avoid unwelcome responses."

The results of the survey of Canadians were even worse among LGBTQ social media users — 58 per cent of whom reported being harassed on the platforms — 38 per cent of visible minorities, and nearly half of users age 18 to 34.

"Only 10 to 11 percent of Canadians say they're not using social media at all," she said. But she emphasized that it's a myth that online bullying can be simply ignored by logging off.

"Of those who say they've been harassed on social media in some way, about one-in-four say it's actually followed them into their real lives," she said, adding the figures are higher for women than men.

Among women on social media, the poll found 28 per cent said "their experiences with harassment on social have had an impact on their real lives," nine points more than for men.

The ways online harassment is impacting people offline include changing real-world habits after receiving threats (57 per cent), one-third who found it affected their relationships with family or friends, and nearly as many who "received unwelcome phone calls/messages/tests" (31 per cent).

More than one in ten victims on online harassment said they were followed or stalked "in person," while eight per cent said they had to change their place of work or school afterwards.

Trudeau reaffirms commitment to reforming voting system

Justin Trudeau says he remains "deeply committed" to reforming the voting system.

The prime minister reaffirmed his commitment Thursday, one day after he appeared to be preparing to renege on his promise that the 2015 federal election would be the last conducted under the first-past-the-post process.

"I think it's important that a country as forward thinking and constantly improving and evolving as Canada is alert to opportunities to improve our systems of governance and the way we pick our governments," Trudeau said.

"That's a commitment we made in our election that I continue to be deeply committed to."

Trudeau's reassurance was in contrast to an interview published Wednesday, in which the prime minister said that any major reform to the voting system will require "substantial" support.

At the same time, he suggested that the public clamour for reform had subsided since the Liberals defeated Stephen Harper's Conservatives one year ago. THE CANADIAN PRESS

NEPEAN FINE ARTS LEAGUE
NFAL
Proudly Supporting Hospice Care Ottawa

ART SALE

October 21-23
Ukrainian Banquet Hall
1000 Byron Ave, Ottawa

FREE ADMISSION
Vernissage Fri. 6pm-9pm;
Sat. 10am-5pm; Sun. 10am-4pm
Entertainment by guitarist Spencer Scharf
www.nepeanfinearts.com

metro SCIENCE
Your essential daily news
SPECIAL FLU SEASON EDITION

DECODED by Genna Buck and Andrés Plana

YOUR FLU SHOT QUESTIONS, ANSWERED

We asked Metro readers what they want to know about the flu shot, and their reasons for not getting the jab. We put them to expert **Dr. Allison McGeer**. She says you shouldn't throw away your shot to fight flu.

"Why are scientists so bad at choosing the strain for the flu shot? Last year it was 45-50 per cent effective; in 2014-2015 just 23 per cent. The World Health Organization chooses the strains. They're actually really good at it. It's just hard. Influenza viruses are changing all the time. It's how they escape our immune system. There are billions of influenza viruses, and WHO experts have to predict the one that's going to be the most common next year. 156 countries have a national lab that selects new and different viruses to send up to the WHO so they can test them and look at the direction viruses are going in. They're getting better. But it takes six months to make a flu vaccine.

"How fast do flu viruses change? Depends on the strain. H1N1 doesn't change that much. But H3N2 can change a lot in a month. It doesn't always. But it changes enough that often, within a year, we give the virus a new name. And that's an indication that it's changed enough to pretty much infect everyone in the world again.

"Aren't you basically injecting me with a strain of the flu? How is it impossible for it to make me sick? The only vaccine that has live virus is the nasal spray. We've never used much of that in Canada. The injectable ones have no live virus, just pieces of viruses. No way you can get the flu from that.

Allison McGeer is head of infection control at Mt. Sinai hospital. She has been part of Canada's National Advisory Committee on Immunization and a consultant to the World Health Organization.
TORSTAR NEWS SERVICE

"Does it matter when you get the shot? Early or close to flu season? There's a lot of argument about that. If you're young and healthy, it probably doesn't matter. If you're older, it's probably better to get it a little closer to flu season.

"Why does the flu shot give me a sore arm? Because your immune system is reacting in that area to the vaccine. Taking Tylenol before getting the needle works better for pain than waiting until afterwards.

"I got the flu shot last year and I still got the flu four times. What's up? The flu shot only prevents influenza. And influenza is about a third of influenza-like illness. You can get the flu vaccine and still get what feels like flu a couple of times a year. If you're judging the effectiveness of the shot based on your experience, you're trying to measure a one-third reduction in flu. It's just not possible to tell that's happening. You don't wear your seat belt because of your own personal experience in a car crash.

"Do deaths and hospitalizations go down when there is universal flu vaccination? Is it worth it? There's an analysis of the impact of the universal flu vaccine in Ontario by a guy called Jeff Kwong. And he found the program is cost effective. (Kwong's 2010 study showed that universal flu shots caused a 61 per cent reduction in flu cases and 28 per cent reduction in deaths, as compared to a program where only high-risk people get flu shots. The net cost to the health care system was $2.60 per shot).

"The flu shot is 50 or 60 per cent effective in a good year. Why bother? I don't expect anything else in my life to be 100 per cent effective. The flu vaccine is way less than perfect. There are some other things you can do — wash your hands, make sure people stay home if they're sick, practise respiratory etiquette — but there is not as good evidence for them as there is for the vaccine.

Got the flu?

Runny, stuffed-up nose, sore throat and a bad cough could be signs of influenza or a less dangerous virus like the common cold. These are telltale signs of flu:

- ☐ Sudden high fever (39-40 C or 102-104 F)
- ☐ Severe headache
- ☐ Severe body aches
- ☐ Extreme fatigue
- ☐ 7-10+ day recovery
- ☐ Sometimes nausea, vomiting and diarrhea (especially in children)

Why eggs?

Flu shots contain traces of egg because an egg is just a better way to grow viruses than anything else we had when we started making flu vaccines. We're getting close to alternatives, but we're not there yet.
— Dr. McGeer

"Why are people so skeptical about the benefit of flu shots? You worry about things that are foreign and strange and rare, not things that are common. We just don't respect influenza. As a healthy adult, for example, I'm more likely to die of flu than meningitis. Meningitis is uncommon, but if you get it it's really bad, so that makes it very scary.

This interview has been edited and condensed for clarity.

metro
Your essential daily news
CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod
VICE PRESIDENT & EDITOR
Cathrin Bradbury
EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shrout
MANAGING EDITOR OTTAWA
Steve Rennie
ADVERTISER INQUIRIES
adinfoottawa@metronews.ca
General phone 613-236-5058
FREE TO SHARE

Now borrow up to $15,000 with an Installment Loan.
For a new way to get there.
Visit a store for details. moneymart.ca
We can help. Money Mart

Installment loans offered in select provinces only. Loan principal amounts vary between $1,000 and $15,000 based upon income and other qualification requirements, including a credit check. Loan term is based on the amount borrowed. Loans have terms of 12 to 60 months with payments scheduled based on your income deposit dates at the time of loan origination. The APR for the loans is 59.9%. Ask a Money Mart Customer Service Representative for details. MONEY MART® is a registered service mark of National Money Mart Company. © 2016 National Money Mart Company. All rights reserved.

metro WEEKEND
Your essential daily news
MOVIES MUSIC TELEVISION DIGITAL

Elizabeth Reaser, Lulu Wilson and Henry Thomas in Ouija: Origin of Evil, which tells a terrifying new tale as the follow-up to 2014's sleeper hit that opened at number one. For 100 years Ouija Boards have caused touble on the big screen, with characters using the witch-boards to communicate with the dead with disasterous results. UNIVERSAL STUDIOS

Ouija board: A movie history

IN FOCUS

Spirits make their presence known in very horrific ways

Richard Crouse
For Metro Canada

For almost 100 years Ouija Boards have caused trouble on the big screen. From the 1920 movie Ouija Board to this weekend's Ouija: Origin of Evil, characters have used witch-boards to communicate with the dead to disastrous results.

The most famous Ouija design features the alphabet, numbers from zero to nine, and the words yes, no and goodbye printed on the board in an elaborate font. The spirits use a wooden heart-shaped planchette or a pointer to answer the living's questions from beyond.

Changes have been made to the basic design over the years. There have been glow-in-the-dark versions, a pink board marketed to teen girls and one with a light up planchette that illuminates the board's hidden messages. Whatever the look, the spirit board has also been a springboard for many movies.

The 1960 film 13 Ghosts begins when a wealthy occultist bequeaths his home to his nephew. In a scene that almost plays like a commercial for Ouija, the home's new residents soon discover a spirit board.

"Ouija, the mystifying oracle, "says Medea (Jo Morrow), "the most modern method of fortune telling. Anyone want to try it?" They gather round the board and ask, "Are there any ghosts in this house?" The answer is yes and soon the spirits make their presence known.

The kitschy movie was a hit and helped spark the Ouija craze of the 1960s, which hit a high in 1967 when sales of the talking boards surpassed Monopoly. "In the late 1800s continuing all the way into the 1960s, the Ouija board was considered good, clean, family fun," says designer Roman Mars. Then in 1973, along came a movie that scared audiences and consumers alike.

The Exorcist, the most famous of all demon possession movies, is based in part on the 1949 case of an anonymous Maryland teenager. The Catholic Church declared the boy to be under a diabolical spell when strange things started happening — levitating furniture and holy water vials crashing to the ground — after he played with a Ouija board.

In the famous film a teenage girl is possessed by a demon after she finds an old Ouija Board in a closet. Playing with the board, she encounters Captain Howdy, a.k.a. Pazuzu, king of the demons of the wind. "I ask the questions and he gives the answers!" she says before her head starts spinning.

Ouija historian Robert Murch compares The Exorcist's effect on the decline in popularity of the boards to a famous thriller's influence on everyday hygiene.

"It's kind of like Psycho," he says. "No one was afraid of showers until that scene."

Immediately following the release of The Exorcist witch-boards were suddenly perceived as an instrument of the devil, a conduit between demons and regular folks.

MOVIE RATINGS by Richard Crouse

Jack Reacher: Never Go Back	★★★
Ouija: Origin of Evil	★★★
Keeping up with the Joneses	★★
Mean Dreams	★★★
The Hotel Dieu	★★★

HOW RATING WORKS	
★★★★	SEE IT
★★★	WORTHWHILE
★★	UP TO YOU
★	SKIP IT

Dakota Fanning, who co-stars in the upcoming drama American Pastoral, says getting behind the camera as a director is something she's becoming ready for. CONTRIBUTED

'60s radical a complex role

INTERVIEW

Actress plays radicalized teen in American Pastoral

Steve Gow
For Metro Canada

Most child actors struggle to grow up in such a cutthroat business as Hollywood. Many wind up cast aside, forgotten and jaded. Not Dakota Fanning.

"I still enjoy the process of making films more than anything in my life," insisted the 22-year-old actress recently at the Toronto International Film Fest.

"Because I did start out so young, I think I've been able to maintain, not a childlike perspective, but I still come to the process with a real enthusiasm and that hasn't gone away."

It's certainly refreshing to not only find someone so upbeat about Hollywood, but to still be as enthusiastic about their future prospects.

For Fanning, that includes her upcoming acclaimed drama American Pastoral, in which she plays a teenaged daughter who disappears after becoming radicalized in the social upheaval of the '60s until her father (Ewan McGregor) discovers her years later.

"This character is kind of a once-in-a-lifetime role and this sort of complex role doesn't come along very often, so I was in no matter what," said Fanning of Ewen McGregor's directorial debut. "For me it's just about the role itself (and) this one is set during a very tumultuous time and there's definitely a lot to explore there."

While Fanning was involved before McGregor climbed into the director's chair, she was still struck by the actor's debut. And having worked with Hollywood's greatest auteurs — from Steven Spielberg (War of the Worlds) to the late-Tony Scott (Man on Fire) — she certainly speaks from experience.

"The best directors have an understanding of actors. He definitely has a deeper understanding because he is one," said Fanning of McGregor. "He's just such a great guy and being a director in general, you are required to balance being in control and being decisive and at the same time, being collaborative and respectful of everyone's ideas and that's where he excelled — he completely had that balance."

With over 16 years in showbiz, Fanning has surely earned an education in filmmaking. In fact, while she stops short of admitting she has any projects in the works, she isn't looking too far ahead to get behind the camera herself.

"That's a definite for me," said Fanning. "Being a director is something that I'm becoming ready for and it's something I'd really like to do."

FILMMAKER

McGregor's directorial debut came by chance

The path to Ewan McGregor's feature directorial debut was a long, winding one beset with bouts of insecurity — and a roadblock by a Quebec filmmaker.

The Scottish Trainspotting star says American Pastoral, out Friday in Toronto and Vancouver, isn't the first feature he wanted to direct.

He previously targeted Alessandro Baricco's novel Silk for an adaptation, but it was ultimately directed by Montreal's Francois Girard.

After eyeing another film that also didn't work out for him to direct, McGregor eventually came to helm American Pastoral after a few pre-production hiccups.

McGregor first signed on to only star in the family drama, which is based on Philip Roth's Pulitzer Prize-winning novel.

He plays a successful 1960s business owner married to a former beauty queen, played by Jennifer Connelly, in Newark, N.J. Their seemingly idyllic family crumbles when their daughter, played by Dakota Fanning, becomes involved with a violent movement against the Vietnam War.

McGregor said the key cast was set but they couldn't nail down a director. His agent pushed him to take on the role.

"I just saw it as an amazing story and I would much rather be tackling something complicated and interesting with my first movie than something banal and silly."

THE ASSOCIATED PRESS

American Pastoral director Ewan McGregor. CONTRIBUTED

It's never been easier to get on board.

Flexible TD® Aeroplan® *Visa Infinite** Card benefits let you travel on your terms. With Aeroplan: Get any seat. Fly for less.[1] And be there to enjoy life's richest rewards.

Apply by December 2, 2016 and get up to 30,000[2] Aeroplan Miles. Conditions apply.

Visit tdaeroplan.com/ot or call 1-888-714-4459 to learn more

TD Banking can be this comfortable.

[1] Based on a comparison of 2015 Aeroplan Flight Reward bookings against actual market base fares and leading financial institutions' travel rewards programs' terms and conditions. [2] Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan *Visa Infinite* Card Account ("Account") only after the first Purchase is made on the Account. To receive the additional 10,000 Aeroplan Miles, you must also: (a) apply for an Account between September 3, 2016, and December 2, 2016; and (b) make $1,000 in Purchases on your Account, including your first Purchase, within 90 days of Account approval. To receive the additional 5,000 Aeroplan Miles you must also (a) Add an Authorized User between September 3, 2016, and December 2, 2016; (b) Authorized User must call and activate their Card by January 16, 2017, and (c) your Account must be in good standing at the time this 5,000 Bonus Aeroplan Miles is awarded. You can have a maximum of three (3) Authorized Users on your Account but you will only receive 1 (one) 5,000 Bonus Aeroplan Miles offer. Annual Fee for each Authorized User Card added to the Account will apply. The Primary Cardholder is responsible for all charges to the Account, including those made by any Authorized User. If you have opened an Account in the last 6 months, you will not be eligible for these offers. We reserve the right to limit the number of Accounts opened by and the number of miles awarded to any one person. Please allow 8 weeks after the conditions for each offer are fulfilled for the miles to be credited to your Aeroplan Member account. Offers may be changed, withdrawn or extended at any time and cannot be combined with any other offer unless otherwise specified. These miles are not eligible for Aeroplan status. All trade-marks are property of their respective owners. ® The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. ® The Aeroplan logo and Aeroplan are registered trade-marks of Aimia Canada Inc. ® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

Cobie Smulders packs a punch

INTERVIEW

Actress trained hard to play military woman in Jack Reacher

Richard Crouse
For Metro Canada

Cobie Smulders has been in action movies aplenty, but she's rarely part of the action. That changes in Jack Reacher: Never Go Back.

Opposite Tom Cruise, Smulders plays Major Susan Turner, a decorated solider accused of espionage. To prove her innocence she teams with Reacher in a battle for the truth.

"I was really excited about doing some action scenes," says the Canadian born actress who played former director of the planetary intelligence service S.H.I.E.L.D. Maria Hill in various Avengers movies as well as on television.

"I'd done some quote, unquote action movies before, through The Avengers and the Marvel Universe. I'd be part of some of their stuff but I missed out on most of the fun fight sequences.

"Jumping on this, I knew I would get to do more fighting, hands on, rather than standing next to the superheroes while they do all the fighting."

She has more than her share of up-close-and-personal battle sequences, bare knuckling her way through the story at a breakneck pace, but were the scenes as fun to shoot as she thought they would be?

"That's a great question because sometimes they are not," she laughs. "They are quite technical and they can drag on. When it is fast and intense, they're really fun because it's like an adrenaline rush.

"It's like doing a choreographed dance with somebody.

"But when they drag on and it becomes about the minutia of like, 'We have to do the insert of the picking up of the meat tenderizer and we have to do it from this angle and that angle,' it takes the magic out of it."

A magical experience or not, Smulders, who will next be seen in the action comedy Why We're Killing Gunther opposite Arnold Schwarzenegger, says the scenes helped her performance.

"For me all the training and all the fighting helped me get into the character," she says.

"There were days when I would push past breaking points and think, I can't take this anymore, and then I would go further.

"It got easier and easier. It was really painful at first but I always kept that in the back of my mind, what this woman would have had to go through, and what women and men in the military have to go through.

"I think anybody who decides to enlist in the military and do all the work it takes to become a major is somebody who is much stronger than I will ever be.

"She's a woman we say has graduated Ranger School.

"When we started shooting the movie that hadn't happened yet; no women had graduated from Ranger School.

"Then during the shoot the first two women graduated. If I am playing a woman who can endure that type of training, then this should be like a piece of cake, what I'm doing on set."

Cruise and Smulders play a sort of Mr. & Mrs. Smith, a deadly duo who never allow romance to get in the way of their appetite for bodily destruction. Their relationship is a mix of Roadhouse style fighting and humorous rom-com dialogue.

"To not have these characters get together romantically," Smulders says, "was more interesting to watch than having a love scene in the middle of the movie."

Cobie Smulders says the days on the Jack Reacher set were intense, but she would remind herself of what real-life women in the military go through to find the inspiration. CONTRIBUTED

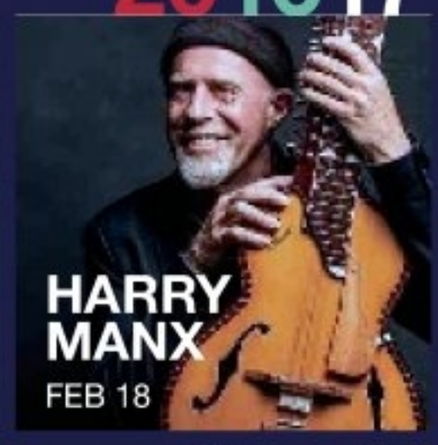
> **There were days when I would push past breaking points, and think, I can't take this anymore**
> Cobie Smulders

OTTAWA WINE & FOOD FESTIVAL
ALL NEW INGREDIENTS
NOV 4 - 6 2016
EY CENTRE, OTTAWA
NEW LOCATION
VIP TASTING ALLEY
Sample 75 curated wines from around the world and experience the first ever Kitchen Soirée happening at the new Infinity Centre.
TASTING FLOOR DAY PASS
Each day kicks off with the Stomping of the Grapes! Sample some of the best Regional, National and International Craft Beers, Spirits and Foods, Friday, Saturday or Sunday.
VVV-VIP ALL ACCESS
NEW! VVV-VIP ALL-ACCESS PASS
This total VIP experience includes come and go as you please privileges, Cheese Vault "lockdown", Après and more.
ARRIVE AFTER 5
This premium event ticket allows you to arrive anytime after 5:30 and be guaranteed entry to the Tasting Floor. Includes admission to Après—A Master Class in FUN!
NEW! APRÈS
A Masterclass in FUN on Saturday. Curated late-night food, cocktails, mocktails and music. Free with Arrive After 5, Saturday Tasting Alley and All Access Pass.
NEW! CHEESE VAULT
Join Afrim Pristine, the world's youngest Maître Fromager inside the 5500 sq ft Cheese Vault and sample 24 cheeses from France, Italy, Holland and Canada.
ORDER TICKETS NOW!
OTTAWAWINEANDFOODFESTIVAL.COM

NATIONAL ARTS CENTRE
CENTRE NATIONAL DES ARTS
Canada is our stage. Le Canada en scène.

WE LOVE CANADIAN MUSIC

2016 17



nac presents
SERIES SÉRIE
cna présente
SIMONE DENEAU PRODUCER • PRODUCTRICE

BMO

See the full line-up at nac-cna.ca/presents · Tickets on sale now!

IN SUPPORT OF EMERGING ARTISTS
THE SLAIGHT FAMILY FOUNDATION

OFFICIAL HOTEL PARTNER
hotel INDIGO

ticketmaster.ca
1-888-991-2787 (ARTS)

I fought the Raging Boll — and lost

ESSAY

Filmmaker got his revenge for scathing reviews

Chris Alexander
For Metro Canada

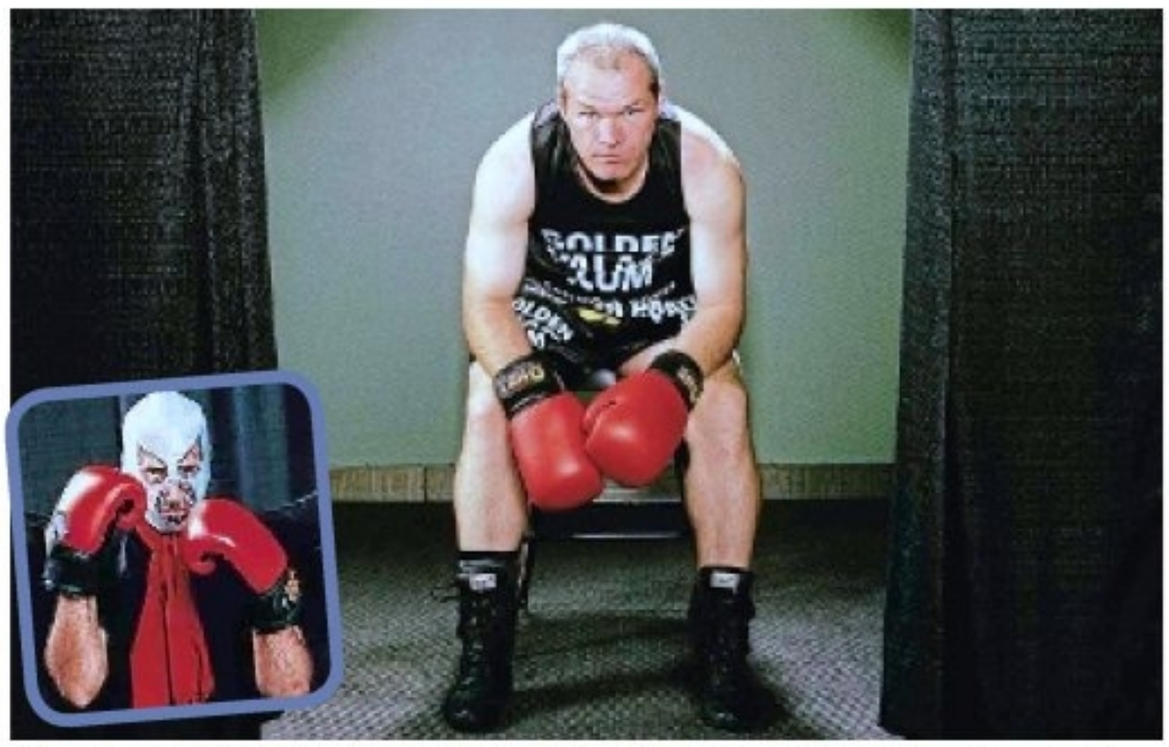
The following is a true story.

Ten years ago, I was passing the time as one of the myriad know-it-all critics making sport of Uwe Boll's career. He was fun to kick around. Easy prey. And even more confounding than his movies was his loud, vulgar, cartoonish persona. He was like strange cinema's answer to Donald Trump and I, along with dozens of others, had a ball with our Boll-bashing.

Eventually, Uwe had had enough and he put out a public call to his detractors to "put up or shut up," to literally fight him in the boxing ring in a highly publicized stunt dubbed "Raging Boll."

The spirit of Andy Kaufman was alive and well and living in a five-foot-tall German filmmaker.

Naturally, I signed up. And surprisingly, I was the only Canadian chosen to be his opponent.



A decade ago, Chris Alexander (inset) fought Uwe Boll in a boxing match in Vancouver. Boll challenged critics who'd used him as a punching bag to step into the ring with him. GREGG SEGAL

And while most of the other 'net scribbling numbskulls' perceived this to be a lark, I didn't.

Well, I did, but I knew Boll was a bit nuts. And I knew he had actually boxed back in the Fatherland.

So I trained. I hired a boxing coach named Wayne Borque, who had helped train the fighters in the film Cinderella Man to teach me some moves.

I punched stuff. I did ridiculous amounts of cardio. I went on MTV to promote the fight and adopted a horror nerd version of a Mohammed Ali mantra: "I'm gonna put Boll to bed for House of the Dead! He's gonna feel pain for making Bloodrayne! You've heard of the Thrilla in Manilla? This is the Maneuver in Vancouver!"

And indeed I and three other idiots were flown to Vancouver, to the Plaza of Nations, to actually fight Boll in front of a crowd of hundreds, most of them friends of Boll's (including actors Michael Pare and Kristianna Lokken) along with members of the curious international press. I watched the other shmucks get their rumps handed to them, shocked that the stocky and muscle-bound Boll was actually playing to win and punching to hurt. I saw them all fall. One of them vomited.

And then it was my turn.

I jumped in, fists flying. The crowd roared. I blocked punches, danced around and landed more than a few blows of my own, getting Boll up against the ropes. It was a fair fight!

At the end of the first round, my corner man gave me a water bottle that was actually filled with fake blood.

I guzzled the bitter fluid and when the bell rang I jumped back in.

I waited. I let Boll hit me. I spat the blood at him. The crowd cheered thinking that the gore was real.

The ref asked me if I wanted to end the fight and I told him that the blood was in fact phony. Boll was not happy with the gag and came at me with a haymaker shot to the skull.

Down I went. I got back up, dizzy, and came out again. Another clobbering blow to the head sent me crumpling to the mat. I didn't get up after that. Fight over.

But oddly, after this, Uwe respected me. I was playing to win, taking the blows, just like he did, every day, putting his balls on the block with every film he was making.

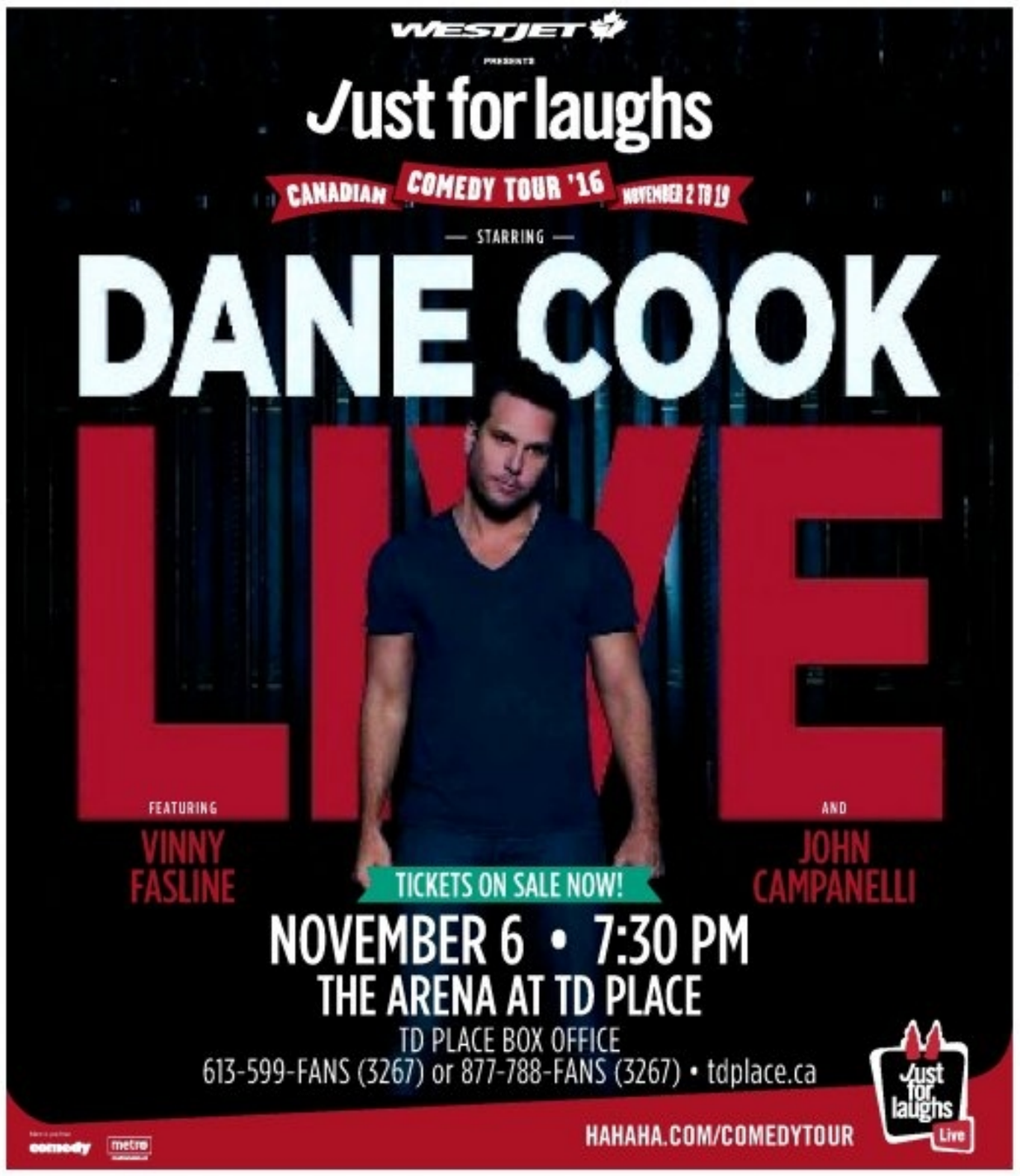
He actually invited me to his beach house the next day and I was astonished to learn that he was incredibly intelligent and knew virtually everything about cinema history.

We became friends. I'd like to think we still are.

Recently, I came home and my nine-year-old son Jack said some dude who talked funny called and was asking for "Creees Al-ax-an-dah."

Jack had hung up, thinking it was one of those pesky telemarketers.

That dude was in fact Uwe Boll. Long may he rage.



Ottawa metro
Lest we Forget
SPECIAL METRO TRIBUTE
NOVEMBER 10, 2016

RECOGNIZE THE VETERAN IN YOUR FAMILY

By placing an acknowledgement and photo in ***LEST WE FORGET***, you'll celebrate your family's legacy and pride for 130,000 Metro readers to see.
Make sure that your family hero is a part of this special honour to our war veterans. Their commitment and sacrifice should never be forgotten.

TO PLACE YOUR ORDER, EMAIL:
adinfoottawa@metronews.ca
Be sure to include the subject line **"Lest We Forget"**
All submission need to be received no later than 12pm, November 3rd.

*AD IS NOT TO SIZE.

ACTUAL SIZE - 4.921" W x 1.64" H. • MAXIMUM WORD COUNT: 50

INTERVIEW

Director Uwe Boll's Rampage of terrible films is finished

Richard Crouse
For Metro Canada

The critics won't have Uwe Boll to kick around anymore.

The German filmmaker, who once played Adolph Hitler in an action comedy film called Blubberella, is best known for adapting video games like House of the Dead, BloodRayne and Dungeon Siege into movies.

He's never had an easy ride with reviewers — the San Francisco Chronicle's Peter Hartlaub called Alone in the Dark, "a film so mind-blowingly horrible that it teeters on the edge of cinematic immortality"—and earned the nickname The Raging Boll after challenging his worst critics a "put up or shut up" boxing match.

He knocked out each of his four opponents, landing a blow for anyone who has ever suffered a bad review.

Now he's done. The release of Rampage: President Down is his swan song, the final film he will direct he says, in part, because his politically charged movies have "no impact."

"Rampage 3 will be watched on Netflix, DVD or iTunes or whatever," he says.

"They'll say, 'That wonderful movie! I liked it blah, blah, blah,' then watch Avengers. With streaming everywhere there is just a big wave of movies flooding around and you have no impact."

"The market is dead," he adds, "you don't make any money anymore on movies because the DVD and Blu Ray market worldwide has dropped 80 per cent in the last three years. That is the real reason; I just cannot afford to make movies."

"I can't go back to student filmmaking because I have made so many movies in my life, and I can't make cheaper and cheaper movies at my age. It's a shame. I would be happy to make movies but it is just not financially profitable."

Boll says he's been self-financing his films for over a decade.

"I never had people giving me money," he says.

"I've been using my money since 2005 and if I hadn't made the stupid video game based movies I would never have amalgamated the capital so I could say, 'Let's make the Darfur movie.' I don't need a Ferrari, I don't need a yacht. I invested in my own movies and I lost money."

He may have gone in the hole on films like Attack on Darfur and Assault on Wall Street, but he's proud of their grit and realism.

"It's way better than Wall Street 2 by Oliver Stone," he boasts. "It's better researched, it's better written, it's better, but it doesn't have Michael Douglas."

He says his movies are concrete, as they portray "real issues."

"It's not Jason Bourne or any bulls— movie where they make stuff up. My movies are real."

With Rampage: President Down hitting iTunes, Boll will now spend his time attending to his film distribution business and his Vancouver restaurant Bauhaus (which the food critics love, by the way). As for his critics he hopes they'll take time to watch his movies.

"Now when I don't make any more movies," he says, "maybe they'll find the time to actually watch the movies, starting with Postal in 2005, the movies of the last ten years. They will see they were a lot of very interesting movies and a lot of movies that I think made sense and said a point about things. They deserve to be discussed bigger than they were."

Rampage: President Down, will be Uwe Boll's final film, he says. "The market is dead. You don't make any money anymore on movies." CONTRIBUTED

> **It's not Jason Bourne or any bulls— movie where they make stuff up. My movies are real.**
> Uwe Boll

October is Library Month!
#DiscoverOPL
Ottawa Public Library
Bibliothèque publique d'Ottawa

NATIONAL ARTS CENTRE
CENTRE NATIONAL DES ARTS
Canada is our stage. Le Canada en scène.

metro TRAVEL

Your essential daily news

The Smithsonian launched a $300,000 Kickstarter campaign to rescue Dorothy's ruby slippers

With lush rainforests and mountainous terrain, Saint Lucia is a beauty of an island that still manages to feel like a hidden gem of the Caribbean. Pack a swimsuit plus something for motion-sickness – there are so many switchback roads through the mountains, it's enough to make even the steadiest person's head spin – and you're all set for a tropical getaway to this island treasure where you can go all out or vacay more moderately.

KAREN KWAN FOR METRO

Soaking in St. Lucia

Stay

While the ultimate splurge on accommodations in Saint Lucia would be the eclectically designed **Jade Mountain** (shown above), where spacious suites feature only three walls — in place of the fourth is an infinity pool and view of the Pitons — book at its sister resort, **Anse Chastenet**, where the rooms have a folksy appeal and (bonus!) you're closer to the beach. At **Stonefield Estate**, you'll be blessed with an even closer view of Petit Piton from your villa and spectacular sunset views.

Sweat

Devour in local foods such as saltfish, bakes and starchy provisions (not to mention swigging rum from **Saint Lucia Distillers Chairman's Reserve**) guilt-free when you work up a sweat hiking with a guide to the peak of **Gros Piton**, which stands 2,619 feet above sea level. For a much less strenuous but almost as rewarding view, the easy stroll along the **Tet Paul Nature Trail** will reward you with top-notch vantage points of both iconic volcanic mountains.

Swim

Nestled between the Pitons, **Sugar Beach, A Viceroy Resort**, is one of the most stunning spots to swim in Saint Lucia, which is where Matt Damon and his wife rented out to renew their vows. Not a guest of the Viceroy? Not a problem. **All beaches in Saint Lucia are public**, so you're permitted to access this beach through the posh property.

Soak

At the luxurious **Kai Koko Spa at Ti Kaye Resort**, set on a cliff with expansive views of Anse Cochon below, detox with the spa's signature 90-minute **Get Dirty Sulphuric Mud Wrap** that'll help reinvigorate you while protecting your skin. Or, DIY alongside locals at the **Sulphur Springs near Soufriere**, at the mud baths where you soak in the natural, open-air hot water pool (which reaches 38C), slather yourself with mud, let it dry, then another hot water soak, and finally a quick rinse in the shower (tip: BYO towel).

Ottawa – ANTIGUA (via Toronto)

— EXCLUSIVE TO AIR CANADA VACATIONS —

Halcyon Cove by rex resort ★★★

All-Inclusive • Standard rm • January 12 • 1 wk
1 child stays & eats FREE[2] • PRIVILEGES

1st passenger $1292 + $387 taxes & other fees

2nd passenger $646 + $387 taxes & other fees

The Verandah Resort & Spa by Elite Island Resorts ★★★★

All-Inclusive • Supersaver rm
January 12 • 1 wk • PRIVILEGES

1st passenger $2669 + $387 taxes & other fees

2nd passenger $1335 + $387 taxes & other fees

Your package includes: Flights + Hotel + Transfers + aeroplan

ANTIGUA AND BARBUDA
The beach is just the beginning...

Contact your travel agent • aircanadavacations.com

Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on October 21, 2016, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated, from Ottawa - Macdonald-Cartier International Airport in Economy class and include surcharges. Non-refundable. Limited quantity and subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Offers expire at 11:59 p.m. ET on the date indicated. Flights operated by Air Canada or Air Canada Rouge. For applicable terms and conditions, consult www.aircanadavacations.com. TICO registration #50013537. ■ [1]New bookings only made between October 5 & 23, 2016 for departures between January 5 and February 17, 2017. Select packages and departure dates only. Applicable to packages with non-stop flights in Economy Class only. [2]Conditions apply. Details at aircanadavacations.com. ■ ®Aeroplan is a registered trademark of Aimia Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.

Culture is on the walls in Montreal

QUEBEC

City is turning into a work of art with new installations

Chris Lackner
For Torstar News Service

As I savour every last morsel of my melt-in-your-mouth tuna tartare, Mozart, Marilyn Monroe, James Dean and Darth Vader all seem to eye my plate hungrily.

Their images are splattered across the walls of Être Avec Toi (Ê.A.T) in W Montreal hotel, along with the likes of hockey legend Maurice "The Rocket" Richard, Batman and Mr. T.

It's an impressive list of regulars. Who knew Montreal would be able to deliver my dream dinner party? But that's the magic of a city steadily becoming a living, breathing work of art. Through the likes of murals and new multimedia installations, all of Montreal seems to be a canvas.

There's no place that demonstrates that better than Ê.A.T. The wall art, from deviant wildlife to pop-culture mash-ups, was created by a who's who of famous graffiti and street artists — most of them local.

Arthur Gaillard, artistic director of MASSIVart, the creative agency behind the decor, calls it "street-art inspired."

Beyond minor space and colour constraints, each artist was free to follow their muse. "The history of Montreal street art is found in here," Gaillard says, noting MASSIVart aims to make art more accessible to the broader public.

Montreal's annual MURAL festival takes that same attitude to the city's walls. The 2016 edition included new murals from local Ê.A.T. contributors like Stikki Peaches, and international artists like Israel's Klone Yourself, New York's Buff Monster and England's D*Face.

André Bathalon, co-founder of MURAL, says the fest has produced nearly 20 new murals each year since 2013, and maintains a growing legacy of over 50 permanent pieces on Montreal's walls. They even employ a repair artist for touch-ups.

GO NOW

Montreal is a cultural hotspot 365 days a year. But you'll be able to enjoy and contemplate Montreal's outdoor, public art better without the company of deep winter's chill. CHRIS LACKNER

"Once the party is over, the art stays on the wall," he explains. "The murals become landmarks or beacons. This is art tourism, a walk of discovery."

The murals are all found in the vicinity of Boulevard Saint-Laurent, which is closed to traffic for the June festival. The multistorey murals pop out in unique ways depending on factors like sunlight, and your distance and angle.

From a mystical weeping woman, and a boy with a sling shot aimed at the stars, to a jungle-themed old comic book cover, the murals feel like magical little windows in the urban landscape. Sidewalks are fair game, too. On one corner, I'm forced to step on the drawing of a giant, 25-foot long pink squid, his long tentacles reaching over the sidewalk and into a nearby sewer grate.

Bathalon says each mural has four lives, and is reinvented by the changing seasons — especially in the winter, when the snow sharpens the surreal colours. Citizens serve as de facto guardians, fiercely protective of the imagery on their building or neighbour's wall.

In 2015, Montreal's murals earned it distinction as the first Canadian city to be added to Google's street art gallery. With over 150 local murals available, it joined the likes of Barcelona, Philadelphia and London as a public art wonder of the world. Montreal's new motto could be, "Come for the art, stay for the city."

Case in point, Cité Mémoire in Old Montreal, where spirits of the past are brought back to life by a living spirit of creativity and innovation. A new, free app allows visitors to journey through time via the project's 18 after-dark tableaux. The multimedia vignettes, triggered by motion sensors and smart devices (which also provide the audio), project stories of the city's milestones and famous characters onto the area's historic walls. Four more will be added for the city's 375th birthday in 2017.

As co-creator Victor Pilon says, "All these people that made and built Montreal are still in its bricks."

Chris Lackner was hosted by Tourism Montreal, which didn't review or approve this story.

Arthur Gaillard (left), artistic director of MASSIVart, the creative agency behind the graffiti-esque decor at E.A.T. restaurant in W Montreal hotel, calls it "street-art inspired." PROVIDED

This weekend only

Unlock the Savings on Christmas & New Year departures!

Tropical Princess Beach Resort ★★★★★
Punta Cana, D.R.
Dec 03, 2016
7 Nights
All Inclusive
$655 + $466 taxes (SWG)
Unlock more savings!

Grand Memories Varadero ★★★★Plus
Varadero, Cuba
Dec 21, 2016
7 Nights
All Inclusive
$845 + $380 taxes (SWG)
Unlock more savings!

Grand Palladium White Sand ★★★★★
Riviera Maya, Mexico
Dec 05, 2016
7 Nights
All Inclusive
$875 + $427 taxes (SWG)
Unlock more savings!

Memories Paraiso Beach Resort ★★★★
Cayo Santa Maria, Cuba
Dec 30, 2016
7 Nights
All Inclusive
$1035 + $380 taxes (SWG)
Unlock more savings!

SellOff vacations.com

Call or visit your local store to unlock the savings!

613 563 0231
251 Laurier Avenue West

Ottawa departures. Unlock the savings on Christmas & New Year departures is a limited time offer. Bookings must be made before Oct 23rd, 2016. Call or visit a SellOffVacations store for complete details on savings amount. All above prices are per person based on double occupancy for 7 nights on all-inclusive vacations (unless otherwise specified). All transportation taxes and related fees must be prepaid. Local taxes payable at the destination are extra (if applicable). Promotions are subject to change and can be withdrawn at any time without prior notice. In flight service varies according to flight times. While all reasonable efforts are taken to ensure the accuracy of the information in the ad, SellOffVacations.com accepts no responsibility for actions, errors and omissions arising from the reader's use of this information howsoever caused. SellOffVacations.com, a division of Sunwing Vacations Inc., 27 Fasken Drive, Toronto, Ontario Canada M9W 1K6. TICO Reg. # 4276176 British Columbia license #39606 Quebec Permit # 702928.

metro SPORTS

"We get to host the World Series and we get our rings on the same night — at the same time": LeBron James

Redblacks seek a home improvement

CFL

Ottawa 2-4-1 at TD Place with Hamilton visiting Friday

The Ottawa Redblacks have struggled at TD Place this season and have little time to turn things around before the playoffs.

With a victory over the Hamilton Tiger-Cats Friday night, the Redblacks (7-7-1) can clinch first place in the East for the second straight year and a bye to the division championship game, which they would host.

However, the Redblacks are a disappointing 2-4-1 at home this season and play two of their last three games in Ottawa.

"To be able to go out here and get this big win here at home would truly be a big momentum swing for us as far as us getting over that hurdle and doing the things you're supposed to do when you have home-field advantage," said quarterback Henry Burris.

Once again Burris will be in charge after leading the Redblacks to a hard-fought 30-29 victory over the Tiger-Cats (6-9-0) last week.

After missing part of the season due to a hand injury and then struggling in his return and losing the starting job to Trevor Harris, the 41-year-old Burris is eager to prove he can still get the job done and return to the form that made him the league's Most Outstanding Player last season.

Terrence Toliver of the Tiger-Cats is tackled by a trio of Redblacks defenders in Hamilton on Oct. 14. PETER POWER/THE CANADIAN PRESS

Henry Burris
GETTY IMAGES FILE

Burris, who was 27-for-39 for 393 yards and one touchdown last week, has looked solid since returning to the lineup two-weeks ago. While he wouldn't have planned for the adversity of this season, it may actually provide an advantage for Burris and the Redblacks.

"The rest — that's the silver lining of the whole situation," Burris said. "Yeah, I was upset and wanted to be out there playing, but my wife Nicole said your body is good, you're not as stressed out and you get to spend more time with your family. Now my body feels good. Now it's all about doing the little things to try and help this team win a championship."

The Tiger-Cats will have a big hole to fill Friday night as they will be without star receiver/kick-returner Brandon Banks, who was suspended for two games Wednesday for violating the CFL's drug policy.

Banks has 29 catches for 355 yards and four touchdowns this season. THE CANADIAN PRESS

MLB PLAYOFFS

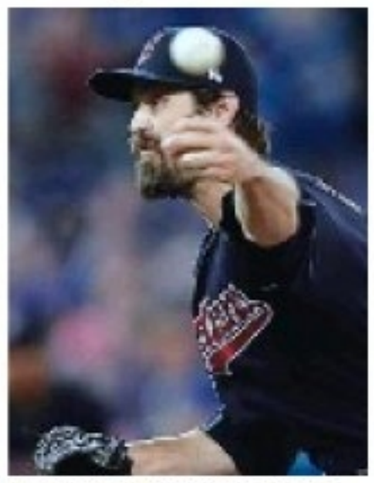
Cleveland bullpen solid amid injuries

By winning the American League Championship Series in five games, the Cleveland Indians not only captured a spot in the World Series, they also earned a break this team could sorely use.

Injuries to starters Carlos Carrasco, Danny Salazar and Trevor Bauer left Cleveland in a tough spot even as Cleveland kept winning. They started Corey Kluber on short rest in Game 4 of the ALCS against Toronto, then sent a virtual unknown to the mound for Game 5 in Ryan Merritt. Cleveland won Game 5 and the series behind a solid effort from Merritt, but the Indians would love for Bauer and perhaps even Salazar to be able to contribute at some point soon.

If not, well, Cleveland can still rely on a bullpen that's been up to the task so far. ALCS MVP Andrew Miller has received much of the attention, but the Indians go deeper than that. Their relievers have posted a 1.67 ERA in 32-1/3 innings this post-season, with Cody Allen and Bryan Shaw also making important contributions.

The World Series starts Tuesday, and Cleveland is four wins from its first title since 1948. THE ASSOCIATED PRESS



Andrew Miller was named ALCS MVP. GETTY IMAGES

IN BRIEF

Pogba breaks out for brace

Paul Pogba cast aside criticism of his recent performances by delivering a reminder of his talent on Thursday, scoring twice in Manchester United's 4-1 win over Fenerbahce in the Europa League.

Pogba marked a dominant all-round performance by converting a penalty and a 25-metre curler into the top corner in first-half injury time. THE ASSOCIATED PRESS

Penguins ink Murray to three-year extension

Matt Murray's breakout performance in last year's Stanley Cup playoffs earned the Pittsburgh Penguins goaltender a hefty raise.

The 22-year-old and the team agreed to a three-year extension beginning next season that will pay Murray $3.75 million per season — a significant bump from the $600,000 he currently makes. THE ASSOCIATED PRESS

RECIPE Waffled Avocado Grilled Cheese

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This avocado and cilantro mash with stretchy Monterey jack cheese gets the perfect grill when given the waffle treatment. Get ready for maximum gooeyness.

Ready in 15 minutes
Prep time: 5 minutes
Cook time: 10 minutes
Serves 2

Ingredients
- 4 slices of whole grain bread
- butter
- 1/2 avocado
- small handful of fresh cilantro
- salt
- 1/2 cup shaved Monterey Jack cheese

Directions

1. On a cutting board, lay out bread slices. Spread butter on one side of each slice of bread.

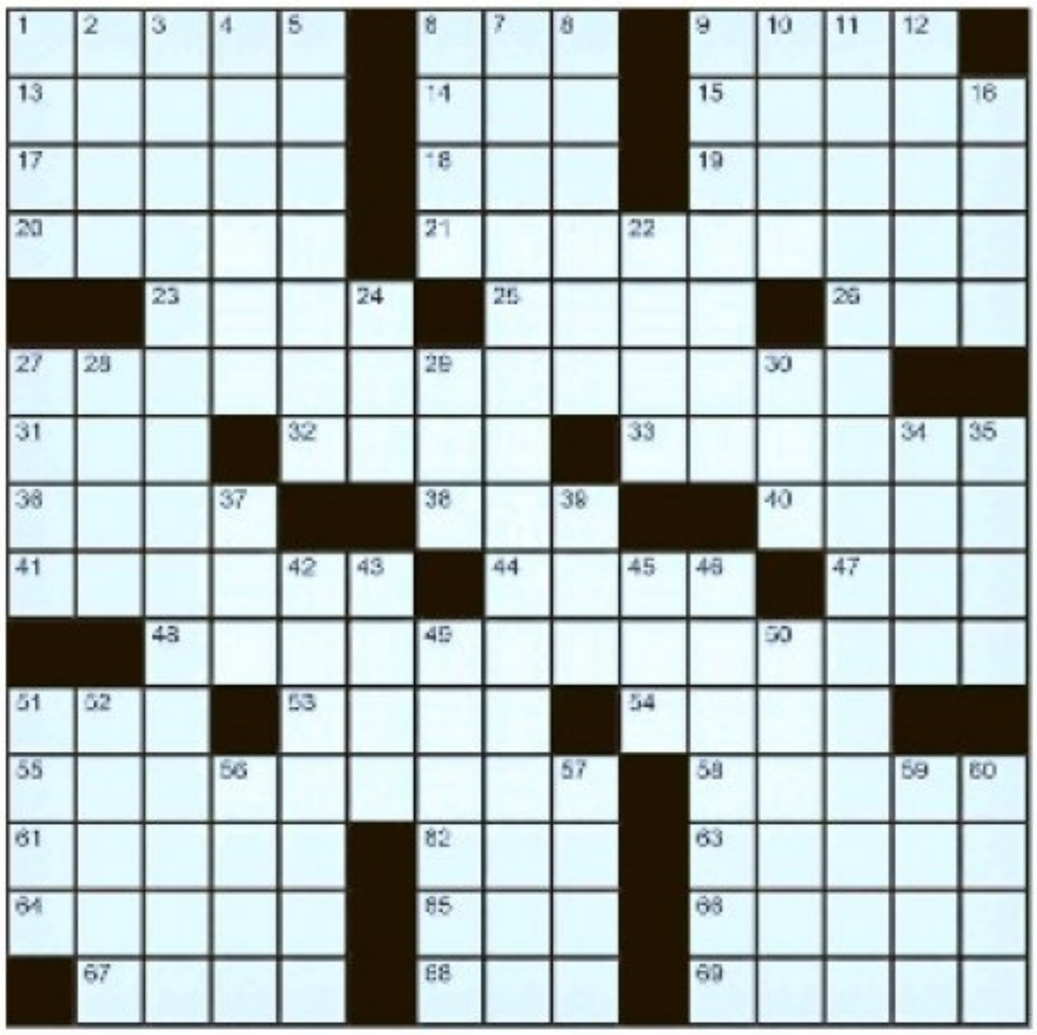
2. In a small bowl, mash avocado, cilantro and salt to taste. Spread a heaping tablespoon of avocado mix on two slices of bread and sprinkle with cheese. Add cheese to the other plain slices of bread.

3. Place grilled cheese in waffle maker and cook according to machine's directions for a waffle. Repeat for the second sandwich.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Singer/actress Ms. Moore
6. Brad's ex, briefly
9. LA photographers
13. 2004 Green Day album, 'American __'
14. Scottish 'no'
15. Pontificate
17. Boomtown Rats' "__ Like Mondays"
18. Utmost degree
19. Legendary ballet company
20. Ancient Greek colony
21. Dita Von Teese's theatrical specialty
23. Agitate
25. Rivers, in Mexico
26. Website
27. With all of a person's possessions: 3 wds.
31. California baseball team [acronym]
32. Go by yacht
33. Lazy Daisy, in embroidery
36. Arm drawings, commonly
38. Graduate's degree, e.g.
40. Stage musical, Man __ __ Mancha
41. Bundles
44. Cow's offspring
47. Speed __.
48. Ottawa: The Library of Parliament, also known as 'Canada's Most __ __'
51. Horiz.
53. 2002 Literature Nobelist Mr. Kertesz
54. North Pole laugh: 2 wds.
55. The carved wood panelling of The Library of Parliament is made from what type of tree?: 2 wds.
58. Supercharger
61. Inert gas
62. John Fogerty's gr.
63. Smug-looking grin
64. Like a lotus position
65. Powder __
66. Al Capp's 'Li'l' creation
67. France: Mediterranean resort
68. Initials-sharers of Gloria's portrayer on "All in the Family"
69. Eva and Zsa Zsa's sister

DOWN
1. Nero's 1003
2. Vegetable stand selection
3. Vancouver landmark crossing the Burrard Inlet: 3 wds.
4. Madonna's "La Isla __"
5. Gains
6. "The Brady Bunch" actress, __ __ Davis
7. NSERC = __ __ and Engineering Research Council of Canada
8. Yankees legend Lou
9. Stokes the fire logs: 2 wds.
10. Mr. Onassis'
11. Oak, Cherry and Walnut... That upon which visitors to #48-Across studiously walk: 2 wds.
12. England: Canterbury's river
16. Mr. Knievel
22. Records
24. Nutritional suggested amount [acronym]
27. Sandwiches, e.g.
28. "I get it nooow!"
29. Diner's shirt protector
30. Acqua Di __ (Armani fragrance)
34. Muse of history
35. "Mad Men" star Jon
37. Mailing encl.
39. Eatery, e.g.
42. Tin-glazed earthenware
43. __ pumps, as in basements
45. "I __ Ya Papi" by Jennifer Lopez
46. Ship's unsunken remains
49. Fools
50. It's called the 'Dance of Romance'
51. Wonky
52. 2004 Alanis Morissette album: 'So-Called __'
56. Easy! There's nothing __ __!
57. Work units
59. Born and __
60. Pod vegetable

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
For the next four weeks, you will be intense! In particular, you will want to tie up loose ends regarding shared property, taxes, debt and inheritances.

Taurus April 21 - May 21
The Sun is opposite your sign for the only time all year during the next four weeks. This means you need more rest. You also will have a strong focus on partnerships and friendships.

Gemini May 22 - June 21
Do whatever you can to get better organized in the next four weeks. You want to feel confident, on top of your scene and smart!

Cancer June 22 - July 23
Lucky you! The next four weeks are perfect for a vacation. They also are the time for sports events, socializing with others, flirting and having fun with your main squeeze.

Leo July 24 - Aug. 23
Now your attention will turn to home, family and your private life. Your interaction with a parent during the next few weeks could be significant.

Virgo Aug. 24 - Sept. 23
Fasten your seatbelt, because the next four weeks are busy! You've got things to do, places to go and people to see! Take a short trip.

Libra Sept. 24 - Oct. 23
Money, wealth, assets and possessions will be your focus in the next four weeks. Look for ways to boost your income because they exist.

Scorpio Oct. 24 - Nov. 22
The Sun is in your sign for the next four weeks, boosting your energy and giving you a chance to recharge your batteries for the rest of the year. Go, go, go!

Sagittarius Nov. 23 - Dec. 21
Work alone or behind the scenes for the next four weeks while you plan your new year (birthday to birthday) ahead. Any ideas?

Capricorn Dec. 22 - Jan. 20
Your popularity will soar in the next four weeks because you want to interact with friends and groups. This is a good time to share your hopes and dreams for the future with others.

Aquarius Jan. 21 - Feb. 19
The Sun will be at the top of your chart for the next four weeks, casting a flattering light on you. You look good to bosses, parents and VIPs!

Pisces
Feb. 20 - March 20
Try to travel in the next four weeks because you need to get outta Dodge. You want to explore more of the world to learn something new!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	4		6			1		
5				4		2		
					2		5	6
2						8		
	1						3	
		7						4
1	6		2					
		4		3				1
		9			8		7	

THE HANDY POCKET VERSION!
Get the news as it happens
metro
Download the Metro News App today at metronews.ca/mobile

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

9	5	8	3	7	1	4	2	6
6	1	2	9	4	8	5	3	7
7	4	3	5	2	6	8	9	1
3	8	7	1	5	9	2	6	4
4	6	5	2	8	7	3	1	9
2	9	1	6	3	4	7	5	8
8	3	6	7	1	5	9	4	2
5	7	9	4	6	2	1	8	3
1	2	4	8	9	3	6	7	5

BRIGIL

NEW *ORA II*
CONDOS WITH
LOFTS & TERRACES

RENT FROM
$795*/MO.

PLATEAU DU PARC

GATINEAU PARK IN YOUR BACKYARD

- Contemporary single family homes on wooded lots
- Near all services and just 10 minutes from Parliament
- New **move-in ready** rental condos with lofts, terraces and indoor parking

MISTRAL	ZÉPHYR	BOREAS	ALIZÉ
2,242 SQ.FT.	1,700 SQ.FT.	1,645 SQ.FT.	1,430 SQ.FT.

VISIT YOUR NEW HOME, MOVE-IN NOW!

PRESENTATION CENTER
819.776.4663
CORNER OF CH. PINK & BOUL. DES GRIVES

30 YEARS / ANS

*See Sales Representative for details. Prices, specifications, features and offerings are subject to change without notice. E & O.E.

"Proud to build a better quality of life"

brigil.com